

CLINICAL FORUMS EDCAS RECAST PROGRAM

2023-2024

MASTER SCHEDULE & READING LIST

TIME: 2:00-4:00pm

ONLINE PROGRAM



Friday, September 22th

Class # 1

Challenges to the Frame: When to Hold, Fold, Run, Mask or Unmask

Leaders: Jean Petrucelli, Ph.D. & Sarah Schoen, Ph.D.

Readings Recommended:

Bass, A. (2007). When the Frame Doesn't Fit the Picture. *Psychoanalytic Dial.*, 17:1-27.

Bass, Anthony (2021) Unmasked: Personal Transformations, Frame Alterations, and Making the Conscious Unconscious during the Traumatic Times of the Covid and Other Plagues

Suggested:

Ceccoli, V. (2018) Shifting the Container: Psychoanalysis and Cyberspace culture; (Eds.) I. Tylim & A. Harris, in *Reconsidering the Moveable Frame in Psychoanalysis*, London: Routledge (pp258-265).

Friday, September 29th

Class #2

Dressing the Parts: Multiplicity, Body Image, and Clothing

Leader: Liz Halsted, Ph.D.



Readings Recommended:

Sarah Schoen (2023) The Patient's Experience of the Analyst's Physicality: It's What's on the Outside That Counts, *Psychoanalytic Dialogues*, 33:2 240-255.

Halsted, Elizabeth: A shoe is rarely just a shoe: women's accessories and their psyches.

In: *Longing: Psychoanalytic Musings on Desire*. Petrucelli, J.(Ed.) (p.101-111)

Friday, October 13th

Class #3

Saving the Attachment at Any Price: Sex, Drugs, Cutting and Growing Up

Leader: Jacqueline Ferraro, D.M.H



Readings Recommended:

Aron, L. (1998) The Clinical Body and The Reflexive Mind. In *Relational Perspectives on the Body*: The Analytic Press: Hillsdale NJ Pages 3-37.

Howell, E. F. (2013). Masochism: A Bridge to the other Side of Abuse (Revised).

Attachment: New Directions in Psychotherapy and Relational Psychoanalysis, 7(3) 231-242.

Friday, October 20th

Class #4

Getting Real: Inviting the Patient to Talk about the Way You Look

Leader: Janet Tintner, Psy.D.

Readings Recommended:



Tintner, J. (2009) Getting Real: From Inquiry to Enactment and beyond, Courtesy the Analyst's Physical

Self. In *Contemporary Psychoanalysis*; 45, 4, 533- 544

Levenson, E. (1991) *The Purloined Self, The Purloined Self*. New York, N.Y.

Contemporary Psychoanalysis Books. (1991) "In Pursuit of the Particular"

Friday, November 3rd

Class #5

The Tug of War between Identity and Desire: Gendered Identifications in Patient and Therapist

Leader: Sarah Schoen, Ph.D.



Readings Recommended:

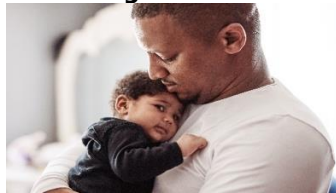
Elise, D. (2008). Sex and Shame: The Inhibition of Female Desires. *J. Amer. Psychoanal. Assn*, 56:73-98.

Harris, A. (1997). Aggression, Envy, and Ambition: Circulating Tensions in Women's Psychic Life. *Gender and Psychoanalysis*, 2:291-325

Friday, November 17th

Class #6

Fathers and the Paternal Function in Eating Disorders



Leader: Tom Wooldridge, Ph.D.

Readings Recommended:

Wooldridge, T. (2022). Boys and their muscles: The paternal object in muscle dysmorphia. *Psychoanalytic Study of the Child*.

Wooldridge, T. (2021). Anorexia nervosa and the paternal function. *Journal of the American Psychoanalytic Association*, 69(1), 7-32

Friday, December 1st

Class # 7

Working with Dissociation as a Tool for Case Formulation: Coasting, Cruising, Chatting and the Body as a Barometer

Leader: Jean Petrucelli, Ph.D.



Readings Recommended:

Bromberg, P. (2011), "Minding the Dissociative Gap." In *Shadow of the Tsunami*, New York: Routledge, pp. 67 – 88.

Hopenwasser, K. (2008) Being in Rhythm: Dissociative Attunement in Therapeutic Process. *Journal of Trauma & Dissociation*, 9:3, 349-367.

Friday, December 15th

Class # 8

Sizeism & Healthism in Therapy: Moving toward Fat Liberation

Instructor: Jessica Joseph, Ph.D.



Readings Recommended:

Da'Shaun, L. H. (2021). Pretty ugly: The politics of desire; Health and the Black Fat. *Belly of the Beast: The Politics of Anti-fatness as Anti-blackness*. North Atlantic Books. (pp. 11-45)
Dark, K. (2021). Language, Fat and Causation. In *The Routledge International Handbook of Fat Studies* (pp. 37-39). Routledge.

Suggested: Listen to Maintenance Phase's 2021 podcast entitled, "The Body Mass Index" <https://maintenancephase.buzzsprout.com/1411126/8963468-the-body-mass-index>

2024

Friday, January 5th

Class # 9

SHAME

Leader: Sandra Buechler, Ph.D.



Readings Recommended:

Buechler, S. (2008). *Making a Difference in Patients' Lives: Emotional Experience in the Therapeutic Setting*. New York: Routledge. Chapter 3, Empathic Responses to Shame, pp. 53-89.
Buechler, S. (2019). *Psychoanalytic Approaches to Problems in Living: Addressing Life's Challenges in Clinical Practice*. New York: Routledge. Chapter 7, Transcending pride, shame, and guilt: Some sources of feelings of insufficiency, pp. 134-149.

Friday, January 19th

Class # 10

'Moving' off the Couch: Reclaiming Exercise from Symptom to Solution

Leader: Stephanie Roth-Goldberg, LCSW



Readings Recommended:

Roth-Goldberg, S. (In Press) Marathons, Mothering, and the Maelstrom of Trauma: Running away with yourself. In: *Sports and Psychoanalysis* ed. Bob Watson, Irwin Hirsch, & Phillip Blumberg et. al New York, Routledge
Tintner, J. (2015) 'These Boots Aren't Made for Walking, but That's Just What They'll Do': The Use of the Detailed Inquiry in the Treatment of Obesity In: *Body-States: Interpersonal and Relational Perspectives on the Treatment of Eating Disorders*. ed. J. Petrucelli, et al. New York, Routledge pp 207-218.

Friday, February 2nd

Class #11

The Mind talks to the Body and the Body talks to the Mind: Two cases integrating Psychodynamic approaches and Somatic Experiencing

Leaders: Liz Halsted, Ph.D. and Steve Tublin, Ph.D.



Recommended Readings:

Paula Scatoloni, "Somatic Experiencing: The Body as the Missing Link in Eating Disorder Treatment." In *Trauma-Informed Approaches to Eating Disorders*, Andrew Seubert and Pam Viridi Eds. New York: Springer Publishing Co. 2019. (pp.275-285).

David Levit, "Somatic Experiencing: In the Realms of Trauma and Dissociation." *Psychoanalytic Dialogues* (2018) 28(5) 602-609.

Friday, February 16th



Class #12 verywell

Working in Times of Crisis

Leader: Eugenio Duarte, Ph.D. and Alizah Lowell, LCSW-R, CEDS-S

Recommended Readings:

Mendelsohn, E. M. (1996). More Human than Otherwise: Working Through a Time of Preoccupation and Mourning. In B. Gerson (Ed.), *The Therapist as a Person: Life Crises, Life Choices, Life Experiences, and Their Effects on Treatment* (pp. 21-40). Routledge.

Friday, March 1st

Class#13

Compulsive Shopping, Packing & Money

Leaders: Jean Petrucelli, Ph.D. & Ricardo Rieppi, Ph.D.



Recommended Readings:

Rieppi, R., and Petrucelli, J. (2019). Shopping addiction. In: *Beyond the Primal Addiction: Food, Sex, Gambling, Internet, Shopping, and Work*, (Eds). N Savelle-Rocklin and S. Akhtar, pp. 73–95. New York: Routledge.
Krueger, D.W. (1991). Money meanings and madness: A psychoanalytic perspective. *Psychoanalytic Review* 78(2): 209-224.

Friday, March 15th

Class #14

Body Image and Older Women

Leader: Sue Kolod, Ph.D.



Recommended Readings:

Kolod, S. (2009) Menopause and Sexuality, *Contemporary Psychoanalysis*, Vol. 45, No. 1. ISSN 0010-7530
<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5215963/>

Suggested:

Sands, Sus. (2022) *The Inside Story: The Surprising Pleasures of Living in an Aging Body*, Sounds True, Boulder, Colorado.
Black Becker, C.; Diedrichs, P.; Jankowski, G.; Werchan, C. (2013) Citation: *Journal of Eating Disorders* 2013 1:6
[I'm not just fat, I'm old: has the study of body image overlooked "old talk"?](#)

Friday, April 5th

Class # 15

Risks, Pitfalls, and Benefits of Psychedelic Assisted Therapy: Working with Non-Ordinary States of Consciousness and Ego Dissolution States

Leader: Rosa Lim, Ph.D.



Recommended Readings:

Goldsmith, N. L. (2007). The ten lessons of psychedelic psychotherapy, rediscovered. In M. Winkelman & T. Roberts (Eds.), *Psychedelic medicine: New evidence for hallucinogenic substances as treatments*. (Vol. 2. pp 107-141). Santa Barbara, CA: Praeger.

Michaels, T. I., Purdon, J., Collins, A., & Williams, M. T. (2018). Inclusion of people of color in psychedelic-assisted psychotherapy: A review of the literature. *BMC Psychiatry*, 18(245), 1-9.

Grin, C. S. (2000). Deconstructing ecstasy: The politics of MDMA research. *Addiction Research & Theory*, 8(6), 549-588.

Friday, April 19th

Class # 16

An Emerging Conundrum: When Artificial Intelligence becomes Artificial Intimacy (the other AI)



Leader: Todd Essig, Ph.D.

Recommended Readings:

Chiang, T. (February, 2023) "ChatGPT is a blurry jpeg of the web." *The New Yorker*. Retrieved 2/12/23 from <https://www.newyorker.com/tech/annals-of-technology/chatgpt-is-a-blurry-jpeg-of-the-web>

Eltahawy, L., Essig, T., Myszkowski, N., & Trub, L. "Can Robots Do Therapy?: Examining the Efficacy of a CBT Bot in Comparison with Other Behavioral Intervention Technologies in Alleviating Mental Health Symptoms." Manuscript under review *Computers in Human Behavior Reports* (Feb., 2023).

Jee, C. & Heaven, W. D. (December 6, 2021). "The therapists using AI to make therapy better." *MIT Technology Review*. Retrieved 2/14/23 from <https://www.technologyreview.com/2021/12/06/1041345/ai-nlp-mental-health-better-therapists-psychology-cbt/>

Friday, May 3rd

Class #17

When the Therapist Dreams about the Patient

Leader: Sue Kolod, Ph.D.



Recommended Readings:

Blechner, M. (1995) "The Patient's Dreams and the Countertransference", *Psychoanal. Dial.*, 5:1-25

Kolod, S. (2002). Between Women: Love and Combat. *Contemporary Psychoanalysis*, 38:315-328

Friday, May 17th

Class # 18

GIFTS: Receiving, Giving and Unwrapping the Meaning

Leader: Jill Howard, Ph.D.



Recommended Readings:

Kritzberg, Nathan I. (1980) On patients' gift-giving. *Contemporary Psychoanalysis*, Vol 16 (1) Jan 1980, 98-1.

Talan, Kenneth, H. (1989). Gifts in Psychoanalysis: Theoretical and Technical Issues. *The Psychoanalytic Study of the Child*, Vol 44, 1989, 149-163.

Register:

Tuition: \$2750 checks payable to The William Alanson White Institute; or credit card; or Zelle online at ZELLE

information: Name: William Alanson White Institute; Email: wawhite@wawhite.org **PayPal information:** Name: William Alanson White Institute; Email: wawhite@wawhite.org

No refunds will be made after September 30th, 2023.

Please submit this application via postal mail or online, at www.wawhite.org along with an application fee of \$50 made payable to: The William Alanson White Institute, 20 West 74th St, New York, NY 10023. To apply online go to www.wawhite.org, click on Training & Education, the Eating Disorders, Compulsions & Addictions Service. If you have any questions about the program please contact Richard Herman at 212-873-0725 ext. 20; r.herman@wawhite.org or Dr. Jean Petrucelli at drjmpetrucci@gmail.com. Applications will be considered on a rolling basis and class size

will be limited so early submissions are recommended. If you have been a student in any other program at WAWI you are entitled to a \$500 tuition reduction. Deadline for application is September 1st, 2023.

Name _____ Degree _____

ADDRESS _____

HOME PHONE _____ WORK PHONE _____

EMAIL ADDRESS _____

HOW DID YOU HEAR ABOUT THE PROGRAM? _____

EMPLOYING ORGANIZATION _____

Please provide the name, address and telephone number of two people familiar with your work. Please ask each of them to write a letter of recommendation on your behalf. They can be sent to r.herman@wawhite.org.

FIRST REFERENCE _____

ADDRESS & PHONE _____

POSITION & RELATIONSHIP _____

SECOND REFERENCE _____

ADDRESS & PHONE _____

POSITION & RELATIONSHIP _____

Please attach a brief statement regarding your interest in the program and send your CV or resume and proof of Malpractice insurance, either to r.herman@wawhite.org or by postal mail with your application.

CE INFORMATION

For Psychologists:

The William Alanson White Institute is approved by the American Psychological Association to sponsor Continuing Education for Psychologists. The William Alanson White Institute maintains responsibility for these programs and their contents.

William Alanson White Institute of Psychiatry, Psychoanalysis and Psychology is recognized by the New York State Education Department's State Board for Psychology as an approved provider of continuing education for licensed psychologists #PSY-0004.

For Social Workers:

William Alanson White Institute of Psychiatry, Psychoanalysis and Psychology is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #SW-0159.

For Licensed Psychoanalysts:

William Alanson White Institute of Psychiatry, Psychoanalysis and Psychology is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed psychoanalysts. #P-0007.

For Physicians:

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of American Psychoanalytic Association and the William Alanson White Institute. The American Psychoanalytic Association is accredited by the ACCME to provide continuing medical education for physicians."

The American Psychoanalytic Association designates this Live Activity for a maximum of ____ [AMA PRA Category 1 Credit(s)]TM. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

IMPORTANT DISCLOSURE INFORMATION FOR ALL LEARNERS: None of the planners and presenters for this educational activity have relevant financial relationship(s)* to disclose with ineligible companies* whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients.

*Financial relationships are relevant if the educational content an individual can control is related to the business lines or products of the ineligible company.

Updated July 2021-

For Licensed Mental Health Counselors:

William Alanson White Institute of Psychiatry, Psychoanalysis and Psychology is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed mental health counselors #MHC-0025.

For Licensed Marriage and Family Therapists:

William Alanson White Institute of Psychiatry, Psychoanalysis and Psychology is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed marriage and family therapists #MFT-0019.

For Licensed Creative Arts Therapists:

William Alanson White Institute of Psychiatry, Psychoanalysis and Psychology is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed creative arts therapists. #CAT-0011.

IMPORTANT DISCLOSURE INFORMATION FOR ALL LEARNERS: None of the planners and presenters of this CME program have any relevant financial relationships to disclose.

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Continuing Education Credits:

CE credits are calculated on a credit per course hour basis.