

CLINICAL FORUMS EDCAS RECAST PROGRAM

2025-2026

MASTER SCHEDULE & READING LIST

TIME: 2:00-4:00pm

ONLINE PROGRAM



Friday, September 12th

Class # 1

Challenges to the Frame: When to Hold, Fold, Run, Mask or Unmask

Leaders: Jean Petrucelli, Ph.D. & Sarah Schoen, Ph.D.

Readings Recommended:

Bass, A. (2007). When the Frame Doesn't Fit the Picture. *Psychoanalytic Dial.*, 17:1-27.

Bass, Anthony (2021) Unmasked: Personal Transformations, Frame Alterations, and Making the Conscious Unconscious during the Traumatic Times of the Covid and Other Plagues

Suggested:

Ceccoli, V. (2018) Shifting the Container: Psychoanalysis and Cyberspace culture; (Eds.) I. Tylim 7 A. Harris, in *Reconsidering the Moveable Frame in Psychoanalysis*, London: Routledge (pp258-265).

Friday, September 26th

Class #2

Dressing the Parts: Multiplicity, Body Image, and Clothing Leader: Liz Halsted, Ph.D.

Readings Recommended:

Sarah Schoen (2023) The Patient's Experience of the Analyst's Physicality: It's What's on the Outside That Counts, *Psychoanalytic Dialogues*, 33:2 240-255.

Halsted, Elizabeth: A shoe is rarely just a shoe: women's accessories and their psyches.

In: *Longing: Psychoanalytic Musings on Desire*. Petrucelli, J.(Ed.) (p.101-111)



Friday, October 10th

Class #3

"Being seen while sick and sick of being seen": Cancer, hair loss and vulnerability as an analyst

Leader: Alizah Lowell, LCSW-R, CEDS-C



Readings Recommended:

Burka, J. (2013) The Therapist's Body in Reality and Fantasy. A Perspective from an overweight therapist. In the book, *The Therapist as a Person*, B. Gerson, Taylor Francis.

Pizer, B. (1997) When the Analyst is Ill: Dimensions of Self-Disclosure, *Psychoanalytic Q.* (66) 450-469.

Suggested:

Levenson, E. (1991) The Purloined Self, *The Purloined Self*. New York, N.Y. Contemporary Psychoanalysis Books. (1991) "In Pursuit of the Particular"

Friday, October 24th

Class #4

Saving the Attachment at Any Price: Sex, Drugs, Cutting and Growing Up

Leader: Jacqueline Ferraro, D.M.H

Readings Recommended:

Aron, L. (1998) The Clinical Body and The Reflexive Mind. In *Relational Perspectives on the Body*: The Analytic Press: Hillsdale NJ Pages 3-37.

Howell, E. F. (2013). Masochism: A Bridge to the other Side of Abuse (Revised).

Attachment: New Directions in Psychotherapy and Relational Psychoanalysis, 7(3) 231-242.



Friday, November 7th

Class #5

The Tug of War between Identity and Desire: Gendered Identifications in Patient and Therapist

Leader: Sarah Schoen, Ph.D.



Readings Recommended:

Elise, D. (2008). Sex and Shame: The Inhibition of Female Desires. *J. Amer. Psychoanal. Assn*, 56:73-98.

Harris, A. (1997). Aggression, Envy, and Ambition: Circulating Tensions in Women's Psychic Life. *Gender and Psychoanalysis*, 2:291-325

Friday, November 21st, 2025

Class #6

Fathers and the Paternal Function in Eating Disorders



Leader: Tom Wooldridge, Ph.D.

Readings Recommended:

Wooldridge, T. (2022). Boys and their muscles: The paternal object in muscle dysmorphia. *Psychoanalytic Study of the Child*.

Wooldridge, T. (2021). Anorexia nervosa and the paternal function. *Journal of the American Psychoanalytic Association*, 69(1),

7-32

Friday, December 5th

Class # 7

Working with Dissociation as a Tool for Case Formulation: Coasting, Cruising, Chatting and the Body as a

Barometer

Leader: Jean Petrucelli, Ph.D.

**Readings Recommended:**

Bromberg, P. (2011), "Minding the Dissociative Gap." In *Shadow of the Tsunami*, New York: Routledge, pp. 67 – 88.
Hopenwasser, K. (2008) Being in Rhythm: Dissociative Attunement in Therapeutic Process. *Journal of Trauma & Dissociation*, 9:3, 349-367.

Friday December 19th

Class#8

Body Dysmorphia and Gender Dysphoria: A Closer Look

Leader: Gabriel DiCicco, LCSW-R

Readings Recommended:

Pula, J. (2015) Understanding Gender Through the Lens of Transgender Experience
. *Psychoanalytic Inquiry* 35:809-822
O'Melia, AM, & Berg, B. (2023). Supporting trans people with eating disorders: A guide
for providers. Eating Recovery Center, June



2026

Friday, January 2nd

Class # 9

SHAME

Leader: Sandra Buechler, Ph.D.

**Readings Recommended:**

Buechler, S. (2008). *Making a Difference in Patients' Lives: Emotional Experience in the Therapeutic Setting*. New York: Routledge. Chapter 3, Empathic Responses to Shame, pp. 53-89.
Buechler, S. (2019). *Psychoanalytic Approaches to Problems in Living: Addressing Life's Challenges in Clinical Practice*. New York: Routledge. Chapter 7, Transcending pride, shame, and guilt: Some sources of feelings of insufficiency, pp. 134-149.

Friday, January 16th

Class #10

The Mind talks to the Body and the Body talks to the Mind: Two cases integrating Psychodynamic approaches and Somatic Experiencing

Leaders: Liz Halsted, Ph.D. and Steve Tublin, Ph.D.



Recommended Readings:

Paula Scatoloni, "Somatic Experiencing: The Body as the Missing Link in Eating Disorder Treatment." In *TraumaInformed*

Approaches to Eating Disorders, Andrew Seubert and Pam Viridi Eds. New York: Springer Publishing Co. 2019. (pp.275-285).

David Levit, "Somatic Experiencing: In the Realms of Trauma and Dissociation." *Psychoanalytic Dialogues* (2018) 28(5) 602609.

Friday, January 30th

Class #11

'Moving' off the Couch: Reclaiming Exercise from Symptom to Solution

Leader: Stephanie Roth-Goldberg, LCSW



Readings Recommended:

Roth-Goldberg, S. (In Press) Marathons, Mothering, and the Maelstrom of Trauma:

Running away with yourself. In: *Sports and Psychoanalysis* ed. Bob Watson, Irwin Hirsch, & Phillip Blumberg et. al New York, Routledge

Dodd, Z.

Suggested:

Tintner, J. (2015) 'These Boots Aren't Made for Walking, but That's Just What They'll

Do': The Use of the Detailed Inquiry in the Treatment of Obesity In: *Body-States:*

Interpersonal and Relational Perspectives on the Treatment of Eating Disorders. ed. J.

Petrucelli, et al. New York, Routledge pp 207-218.

Friday, February 13th

Class #12

Leader: Judith Brisman, Ph.D., CEDS

No Time to Say Goodbye--Is Termination Different with the Eating Disordered Patient?



Readings Recommended:

Brisman, J. (1992). *Bulimia in the late adolescent: An analytic perspective to a behavioral problem*. In: J. O'Brien, D. Pilowsky & O. Lewis (Eds.), *Psychotherapies with Children: Adapting the Dynamic Process*. American Psychiatric Press

Salberg, J. (Ed.). (2010). *Good enough endings: Breaks, interruptions, and terminations from*

contemporary relational perspectives. Routledge/Taylor & Francis Group.

Chapter

36: Anderson, F. *Bodies in Treatment: The Unspoken Dimension*

Haidt, J. (2024) The anxious generation: how the great rewiring of childhood is causing an epidemic of mental illness. Chapter 3 *Discover Mode and the Need for Risky*

Friday, February 27th

Class#13

Body Image and Older Women

Leader: Sue Kolod, Ph.D.

**Recommended Readings:**

Kolod, S. (2009) Menopause and Sexuality, *Contemporary Psychoanalysis*, Vol. 45, No. 1. ISSN 0010-7530

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5215963/>

Suggested:

Sands, Sus. (2022) *The Inside Story: The Surprising Pleasures of Living in an Aging Body*, Sounds True, Boulder, Colorado. Black Becker, C.; Diedrichs, P.; Jankowski, G.; Werchan, C. (2013) Citation: *Journal of Eating Disorders* 2013 1:6 [I'm not just fat, I'm old: has the study of body image overlooked "old talk"?](#)

Friday, March 13th

Class #14

Compulsive Shopping, Packing & Money

Leaders: Jean Petrucelli, Ph.D. & Ricardo Rieppi, Ph.D.

**Recommended Readings:**

Rieppi, R., and Petrucelli, J. (2019). Shopping addiction. In: *Beyond the Primal Addiction: Food, Sex, Gambling, Internet, Shopping, and Work*, (Eds). N Savelle-Rocklin and S. Akhtar, pp. 73–95. New York: Routledge.

Krueger, D.W. (1991). Money meanings and madness: A psychoanalytic perspective. *Psychoanalytic Review* 78(2): 209-224.

Friday, March 27th

Class # 15

Risks, Pitfalls, and Benefits of Psychedelic Assisted Therapy: Working with Non-Ordinary States of Consciousness and Ego Dissolution States

Leader: Rosa Lim, Ph.D.



Recommended Readings:

Michaels et al. (2018) Inclusion of people of color in psychedelic-assisted psychotherapy: A review of the literature. *BMC Psychiatry* (2018) 18:245 <https://doi.org/10.1186/s12888-018-1824-6> .

Bathje, G., Majeski, E. Kudowor, M., Psychedelic integration: An analysis of the concept and its practice, *Frontiers in Psychology*, <https://doi.org/10.3389/fpsyg.2022.824077>

Mollaahmetoglu, O. M. et al, This is something that changed my life, *Frontiers in Psychiatry*, <https://www.frontiersin.org/journals/psychiatry#articles>

Suggested:

Goldsmith, N. L. (2007). The ten lessons of psychedelic psychotherapy, rediscovered. In M. Winkelman & T. Roberts (Eds.), *Psychedelic medicine: New evidence for hallucinogenic substances as treatments*. (Vol. 2. pp 107-141). Santa Barbara, CA: Praeger.

Grin. C. S. (2000). Deconstructing ecstasy: The politics of MDMA research. *Addiction Research & Theory*, 8(6), 549-588.

Friday, April 10th

Class # 16

An Emerging Conundrum: When Artificial Intelligence becomes Artificial Intimacy (the other AI)



Leader: Todd Essig, Ph.D.

Recommended Readings:

Eltahawy, L., Essig, T., Myszkowski, N., & Trub, L. (2024). Can robots do therapy?: Examining the efficacy of a CBT bot in comparison with other behavioral intervention technologies in alleviating mental health symptoms. *Computers in Human Behavior: Artificial Humans*, 2(1), 100035.

Haber, Y., Levkovich, I., Hadar-Shoval, D., & Elyoseph, Z. (2024). The artificial third: a broad view of the effects of introducing generative artificial intelligence on psychotherapy. *JMIR Mental Health*, 11, e54781. Download at <https://mental.jmir.org/2024/1/e54781/PDF>

Rabeyron, T. (in press) Artificial intelligence and Psychoanalysis: Is it time for Psychoanalyst. AI?. *Frontiers in Psychiatry*, 16, 1558513.

Friday, April 24th

Class #17

When the Therapist Dreams about the Patient

Leader: Sue Kolod, Ph.D.



Recommended Readings:

Blechner, M. (1995) "The Patient's Dreams and the Countertransference", *Psychoanal. Dial.*, 5:1-25
Kolod, S. (2002). Between Women: Love and Combat. *Contemporary Psychoanalysis*, 38:315-328

Friday, May 8th

Class # 18

GIFTS: Receiving, Giving and Unwrapping the Meaning

Leader: Jill Howard, Ph.D.



Recommended Readings:

Kritzberg, Nathan I. (1980) On patients' gift-giving. *Contemporary Psychoanalysis*, Vol 16 (1) Jan 1980, 98-1.

Talan, Kenneth, H. (1989). Gifts in Psychoanalysis: Theoretical and Technical Issues. *The Psychoanalytic Study of the Child*, Vol 44, 1989, 149-163.

Register:

Tuition: \$2750 checks payable to The William Alanson White Institute; or credit card; or Zelle online at ZELLE

information: Name: William Alanson White Institute; Email: wawwhite@wawwhite.org **PayPal information:** Name:

William Alanson White Institute; Email: wawwhite@wawwhite.org

No refunds will be made after September 26th, 2025.

Please submit this application via postal mail or online, at www.wawwhite.org along with an application fee of \$50 made payable to: The William Alanson White Institute, 20 West 74th St, New York, NY 10023. To apply online go to www.wawwhite.org, click on Training & Education, the Eating Disorders, Compulsions & Addictions Service. If you have any questions about the program please contact Richard Herman at 212-873-0725 ext. 20; r.herman@wawwhite.org or Dr. Jean Petrucelli at drjmpetrucci@gmail.com. Applications will be considered on a rolling basis and class size will be limited so early submissions are recommended. If you have been a student in any other program at WAWI you are entitled to a \$500 tuition reduction. Deadline for application is September 1st, 2025.

Name _____ Degree _____

ADDRESS _____

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HOW DID YOU HEAR ABOUT THE PROGRAM? _____

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Please provide the name, address and telephone number of two people familiar with your work. Please ask each of them to write a letter of recommendation on your behalf. They can be sent to r.herman@wawwhite.org.

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SECOND REFERENCE _____

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POSITION & RELATIONSHIP _____

Please attach a brief statement regarding your interest in the program and send your CV or resume and proof of Malpractice insurance, either to r.herman@wawwhite.org or by postal mail with your application.

CE INFORMATION

For Psychologists:

The William Alanson White Institute is approved by the American Psychological Association to sponsor Continuing Education for Psychologists.

The William Alanson White Institute maintains responsibility for these programs and their contents.

William Alanson White Institute of Psychiatry, Psychoanalysis and Psychology is recognized by the New York State Education Department's State Board for Psychology as an approved provider of continuing education for licensed psychologists #PSY-0004.

For Social Workers:

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For Licensed Psychoanalysts:

William Alanson White Institute of Psychiatry, Psychoanalysis and Psychology is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed psychoanalysts. #P-0007.

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Updated July 2025

For Licensed Mental Health Counselors:

William Alanson White Institute of Psychiatry, Psychoanalysis and Psychology is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed mental health counselors #MHC-0025.

For Licensed Marriage and Family Therapists:

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